

Sugar, #11.CEC Jul 2003 - Daily Bar Chart



1 long here, the emotion of anxiety got the better of me, fear of missing out on the move higher (order for long placed after viewing the bar of day before, after market)

stop placed at 6.82

2 and here is what my emotions precluded me from seeing, the run higher, from a LOWER bottom - this is NOT a defined up trend

3 stopped out, once upon a time the cat would have got a beating here, but fortunately have moved on from this silly self flogging

once you get in wrong, it is very hard to get out right, stop should have been lifted to here, but alas, one lives in hope...